






Parent Training & Information

The Family and Education Resource Specialists are here to support parents or caregivers of children with disabilities or challenges, and help them access services and resources.

We are parents or family members of loved ones living with a disability. We have navigated the Regional Center and/or education systems and can provide support to you as you begin, or continue, your journey with your child.

-  Does your child struggle in school?
-  Does your child have a disability?
-  Would you like to get support and information from someone who understands and will listen?

WE SERVE 12 COUNTIES OF CALIFORNIA:



FREE ONLINE WORKSHOPS

CHECK OUT OUR FACEBOOK EVENTS PAGE

WORKSHOPS FOR YOUTH

AND ADULTS WITH DISABILITIES
AGE 14-26

1:1 PARENT SUPPORT

TO DISCUSS YOUR CHILD'S EDUCATION, IEP OR 504 PLAN(S)

RESOURCES & LINKS

CONNECT WITH US TO ACCESS SUPPORT IN YOUR COMMUNITY

COLLABORATE WITH YOUR TEAM

WE CAN HELP!



****ALL SERVICES ARE FREE - WE ARE NOT ATTORNEYS AND CANNOT OFFER LEGAL ADVICE.****

559-229-2000 • 4440 N First St., Fresno, CA 93726 • www.epuchildren.org • 844-445-0305

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FREE ONLINE WORKSHOPS

CHECK OUT OUR FACEBOOK EVENTS PAGE

- **Help! My Child is Struggling!**

Learn about the first steps you can take to help your child who is struggling in school with grades, friends, or attendance

- **A Guide to IEPs and the Special Education Process**

Understanding the various parts of an IEP and how the special education process works under the Individual with Disabilities Education Act (IDEA)

- **Section 504: Removing Barriers and Creating Access to Education**

Learn how a 504 plan can help a student receive accommodations that will support academic success

- **My Child is in Trouble, Again?!? Helping Students on IEPs with Difficult Behavior**

Learn about behavior and discover the educational rights of children with challenging behavioral needs

- **How Parents Can Respond to Bullying**

77% of students are bullied -- only 37% report it. Understand the dynamics of bullying and what parents can do to help

- **How Can I Get Help for My Child? Skills for Effective Parent Advocacy**

Find your voice and discover how to speak up and team up with your child's school

- **My Child is Growing Up, Now What? Future Planning for Families of High School Age Youth**

Find out about the addition of post-high school goals to an IEP, what happens at 18, and the importance of self-advocacy for youth

- **Got Support? Services available for High School Age Youth and Adults with Disabilities**

Find out about the resources and service providers available for individuals living with developmental disabilities in your community

- **From Overwhelmed to Organized: Organizing Your Documents**

Discover how to organize your educational documents

- **Routines that Work!**

Creating structure and visual schedules to help your child through their day

- **A Guide to the IFSP & Early Intervention Process**

Find out about the Individualized Family Service Plan, an early childhood plan for children birth-3 years old

- **Navigating the Regional Center System**

Learn about California's system of support for individuals with developmental disabilities, including how to access services

- **Accessing Assistive Technology**

Discover devices and tools which can support and enhance your child's learning and communication

FOR MORE INFORMATION ABOUT ANY OF OUR SERVICES OR UPCOMING WORKSHOPS, PLEASE CONTACT US:

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